

SAIDO LEARNING™

THE BULLETIN

The Employee Newsletter

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Sharing, Learning and Growing Together

We were saddened by the loss of Bea, Evelyn and Marcelle who were among the first Learners when the SAIDO Learning research trial began two and a half years ago. We fondly recall Bea's smile and gentle nature; "movie star" Evelyn's unique laugh and sense of humor; and Marcelle's kindness with children and love of reading. Bea's daughter, Fran, has been very helpful as a volunteer for transport and as a Supporter.

Every day we are seeing the impact of SAIDO Learning on the residents throughout the Network. While we cannot provide their names, here are just a few of the improvements we are observing among the Learners.

A Learner who rarely conversed is now initiating conversations in the dining room. She was overheard asking her table-mate if she was enjoying her meal. She is smiling more, complimenting staff and has a more positive outlook. Her communication skills are improving. She's also managing emotions better and demonstrating improved social skills.

Once incontinent, a Learner now indicates that she needs to use the bathroom and sometimes uses the restroom on her own. This Learner formerly ate finger foods while walking because she was unable to sit for any period of time. Her appetite has since increased and she sits at the table to eat her meal. Recently, she was able to sit and focus long enough to arrange craft balls into a pattern. Her mental concentration and

self-motivation are improving as she becomes more independent with ADLs.

In the past, this Learner rarely initiated conversation and did not make menu selections. Now, she engages in conversation in the dining room, verbalizes her opinions about food choices, and places orders for her meal preferences. Her ability to make choices and express her will and ideas has improved. Both her decision-making and communication skills have also increased.

Following a stroke, a Learner experienced difficulty finding words and decreased use of her right side. When her SAIDO sessions began, she had difficulty holding the pencil and writing her name. One month later, she was able to write her name, the date and time. She also turns her own pages and recognizes and corrects her errors. She is able to recite words on her worksheet. Her family stated that she said "I love you." Her mental concentration, self-motivation and ability to use appropriate speech has improved.

Thanks to the commitment of each of our Supporters, residents' are demonstrating increased improvement in their cognitive abilities and their quality of life is improving every day!

Eliza 
Jennings
choices for aging well



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SAIDO Learning Receives Local News Coverage

SAIDO Learning at Eliza Jennings was the subject of recent local media coverage in The Plain Dealer, Crain's Cleveland Business Magazine, WestLife News, and Currents News. The Plain Dealer reported that Eliza Jennings has established the SAIDO Learning Institute and "is poised to become the sole U.S. provider of SAIDO training to other senior-care facilities around the country." Crain's focused on potential benefits of Eliza Jennings' international partnership with Kumon. WestLife and Currents provided an opportunity to feature SAIDO Learning and promote Eliza Jennings' 125th anniversary gala benefit. The articles communicate the spirit of the SAIDO Learning philosophy, the history and scientific research behind the SAIDO method, and the hope SAIDO Learning offers to older adults and families.

SAIDO Learning Content Developer Position

Bryce Gray, formerly Director of Life Enrichment at The Renaissance Health Center, has assumed the new position of SAIDO Content Developer. Bryce is researching and developing opportunities for engaging participants in the SAIDO Learning Center, a new model of adult day programming developed by Eliza Jennings that incorporates the SAIDO Learning philosophy and principles. In addition to SAIDO Learning, participants will engage in fun and stimulating life enrichment opportunities that activate the prefrontal cortex and support cognitive improvement.

SAIDO Master Internships

SAIDO Master Interns John Rodemann, Pam Ehren and Shannon Pochatek share a passion to spread SAIDO Learning to other aging services organizations across the United States. They are working diligently to make SAIDO Learning a success and will graduate from the internship program by the end of the summer. Their work will advance the SAIDO Learning philosophy and improve the lives of older adults throughout Eliza Jennings communities and beyond.

One-Day Supporter Training

Become a SAIDO Supporter and improve the quality of life for our residents.

Wednesday, August 7th | 8:15 a.m. - 5:00 p.m.
Devon Oaks Assisted Living Community

Wednesday, August 21st | 8:15 a.m. - 5:00 p.m.
Eliza Jennings Health Campus

Wed., August 21st | 8:15 a.m. - 5:00 p.m.
The Renaissance Retirement Campus

August 13th - 15th | Three-Day Lead Supporter Training

For more information, please contact your Department Manager or a SAIDO Lead Supporter.



Learners and Supporters throughout Eliza Jennings

Currently, there are 23 Learners at the Skilled Nursing Community at the Eliza Jennings Health Campus in Cleveland; 24 Learners at Eliza Jennings Assisted Living Community at Devon Oaks; 30 Learners at Eliza Jennings Retirement Campus at The Renaissance (17 Learners in the health center and 13 in assisted living); and one Learner at Eliza Jennings Adult Day Center at Acacia Place.

Supporter training has expanded to include volunteers, student interns and members of Eliza Jennings Board of Trustees. We welcome the following new Supporters:

Eliza Jennings

Alexa Gasparro, *intern*
 Andrea Robinson
 Danielle Edwards
 Ginny Clutterbuck, *volunteer*
 Judy Niehaus
 Kelly Morgan, *intern*
 Linda Augustine
 Louann Bole Becker, *volunteer*
 Mary Ruth Hunt
 Michelle Rusack
 Paulette Maline
 Paulette McMonagle, *Trustee*
 Peg Kuechle, *volunteer and spouse of Trustee*
 Zipporah Sarran

Acacia Place

Jennifer Williams
 Joan Kobie
 Kim Miller
 Serell Canady

Devon Oaks

Dina Doleh (missed in last Bulletin)
 Jennie Griswell, *volunteer*
 Sara Cintron
 Sana Mustafa
 Shannon Feliz
 Teona Bacon

The Renaissance

Alyssa Robertson
 Amy Burnhart
 Andrea Senyitko
 Carol Puckett
 Cheryl Davidson
 Denise Mazur
 Dustine Hall
 Elizabeth Zaffino
 Gayle Podlick
 Hailey Sichau
 Jasmine Barnhardt
 Jayne Gasper
 John Gerus
 Jorey Nagel
 Kathy Jasko
 Kim Liptak
 Kim Quinn
 Lisa Jackson
 Mary Lou Sedwick
 Pam Riter
 Renee Ferguson
 Ruth Knable
 Silvia Brenner
 Steve Christafaris
 Terri Petit
 Theryn Nagel
 Tracy Abromovic
 Venice Rich

SAIDO Learning™ Memory Support

Eliza Jennings was proud to be featured at the Cleveland International Film Festival in the documentary:

Do You Know What My Name Is?

Through SAIDO Learning, this documentary explored one woman's remarkable journey back from dementia.



HOPE for people living with Dementia

As the expert in aging services, Eliza Jennings is the first aging services organization in the United States to offer SAIDO Learning™, a proven method for dramatically impacting the quality of life for older adults living with dementia and Alzheimer's disease.

SAIDO Learning is a non-pharmaceutical program that is proven to reverse and prevent memory loss in older adults with cognitive impairment. This breakthrough life-transforming treatment is available in the United States through Eliza Jennings.

SAIDO Learning is offered at all Eliza Jennings communities including:

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|---------------------|-----------------------------|
| Devon Oaks | Carol B. Hall Center |
| Assisted Living | Assisted Living |
| 2345 Crocker Road | 26376 John Road |
| Westlake, OH 44145 | Olmsted Township, OH 44138 |
| 440.250.2300 | 440.235.7100 |

SAIDO
Learning™

SAIDO Learning was developed by the Kumon Institute of Education of Osaka, Japan, in conjunction with Professor Ryute Kawashima of the Smart Aging International Research Center at Tohoku University in Sendai. The goal of SAIDO is not to simply provide care for individuals with dementia, but to actually reverse or slow the progress of the disease, and thus improve the quality of life for older adults.



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