

SAIDO LEARNING®

THE BULLETIN

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In Loving Memory



We are deeply saddened by the passing of our beloved President and CEO Deborah Lewis Hiller last September. Deb was responsible for developing our relationship with Kumon Institute of Education. She was the driving force behind the implementation of SAIDO Learning throughout Eliza Jennings' communities and, subsequently, the United States.

Deb truly left a tremendous legacy among her peers and in the aging services industry. Her humor, strength, passion, and vision will inspire us to continue her work to improve the quality of life of older adults.

SAIDO Learning is Offering Hope to More People across the U.S.

A little more than one year ago, Eliza Jennings partnered with its first sub-licensees, Episcopal Retirement Homes (ERH) of Greater Cincinnati and Covenant Retirement Communities (CRC), based in Illinois with locations around the country. The first two communities outside of Eliza Jennings launched SAIDO Learning in February 2014: ERH's Marjorie P. Lee community in Cincinnati, and CRC's Covenant Shores in Seattle.

Today, Eliza Jennings has 15 SAIDO Learning partners in 11 states, with three more communities poised to sign agreements. Eight of these communities have launched SAIDO Learning. A list of Eliza Jennings' partner communities can be found at the end of this newsletter.



elizajennings.org

SAIDO Learning Institute

To meet the growing need for properly trained SAIDO Masters, Lead Supporters and Supporters, Eliza Jennings opened the SAIDO Learning Institute. Located at the Eliza Jennings Health Campus in Cleveland, the Institute is Eliza Jennings' center for all SAIDO Learning training throughout our own communities as well as for our external SAIDO partners. The Institute has trained the staff of nine communities so far, with six more scheduled to train in January and February.



SAIDO Master Bryce Gray with Executive Director Shinji Ito of Kumon

Congratulations Bryce Gray, SAIDO Master

Congratulations to Bryce Gray, who became a Certified SAIDO Master in September, bringing the number of Eliza Jennings Certified SAIDO Masters to six. Bryce is SAIDO Content Developer for the network, and joins fellow SAIDO Masters Chelley Antonczak, Shannon Pochatek, Jill Ricker, John Rodemann, and Kera Seritti. SAIDO Masters share a passion to spread SAIDO Learning to other aging services organizations, and improve the lives of older adults across the nation.

SAIDO Learning Center at The Renaissance

We are excited to announce that the SAIDO Learning Center at The Renaissance Retirement Campus opened last fall and currently serves six independent living residents. The Renaissance SAIDO Learning Center offers a half-day program and has the capacity to serve 16 participants. Like The SAIDO Learning Center at Eliza Jennings Health Campus (formerly Acacia Place), the newest Center offers SAIDO Learning in an adult day program for adults with dementia who live independently in their homes and do not require long-term care. The newly renovated Centers at both campuses support cognitive improvement by offering interactive environments, programming based on SAIDO principles, and family education. The SAIDO Learning Center at Eliza Jennings Health Campus currently serves 15 participants five days a week. The Center will grow to serve 45 older adults.



Learners and Supporters: Eliza Jennings – and Beyond

Since the 2011 research trial, more than 300 employees have completed SAIDO Learning Supporter training throughout Eliza Jennings' network communities.

Eliza Jennings has trained nearly 200 Supporters and Lead Supporters in our partner communities nationwide.

There are currently 91 Learners participating in SAIDO Learning throughout Eliza Jennings communities.

To date, SAIDO Learning has improved the lives of nearly 300 older adults nationwide: 199 within Eliza Jennings' network, and more than 100 older adults living in our partner communities throughout the United States.

Sharing, Learning and Growing Together

Thanks to the commitment of Supporters and staff, residents are demonstrating increased improvement in their cognitive abilities and their quality of life is improving every day!

When one Learner began SAIDO Learning, she did not write her name on worksheets because taking the pencil in her hand made her extremely nervous and agitated. Within three weeks of beginning SAIDO Learning, her anxiety significantly decreased. One day, she took the pencil from the Supporter's hand and said, "Let me do that." In spite of a hand tremor that made writing difficult, she proceeded to write her name. This Learner is managing her emotions as well as demonstrating purposefulness and self-motivation.

While strolling through the courtyard with a Supporter following a SAIDO session, a Learner identified his room, and then pointed to the nearby birdfeeders. He talked about how much he enjoyed watching the hungry birds at the feeder, then recalled hanging the feeders with the Supporter many months before. This Learner is remembering things from his recent past as well as initiating and enjoying conversation.

A resident with severe dementia and aphasia was able to articulate only a few words and numbers. Restless, she was unable to remain seated during her session and frequently paced. Just a few weeks after beginning SAIDO Learning, she remains seated for her 30-minute sessions with no visible signs of restlessness. She is able to place the numbers one through five on the number board, and verbalizes short phrases such as, "I think I did good!" This Learner is concentrating longer, demonstrating self-motivation, controlling her actions and emotions, and using appropriate speech.

Stories are coming in from our external SAIDO partners as well. Communities are reporting the same exciting results experienced at Eliza Jennings communities! In as little as one month, residents are demonstrating increased confidence as they discover their ability to complete the sessions. Many are completing exercises two to three times faster than they were just a few weeks before. Some residents are communicating better and expressing their awareness of improved concentration. Family members are also noticing higher levels of verbal expression, motivation, and name recollection.

One community reported that a resident called the front desk to ask for help using the restroom. This was remarkable because, in addition to asking for help, the resident, who does not have a phone in his room, asked to use his neighbor's phone.



SAIDO Learning Presentations

Last fall, members of Eliza Jennings senior staff gave presentations on SAIDO Learning at the California Assisted Living Association Fall Conference in October, and the Gerontological Society of America Annual Scientific Meeting in Washington, D.C., in November.

This quarter, Eliza Jennings will present at the By Design Senior Living Conference in Virginia in February. In March, they will speak at the United Methodist Association Annual Conference in Florida and the Aging in America Conference of the American Society on Aging in Chicago. These engagements provide important opportunities for Eliza Jennings to spread the word about SAIDO Learning and engage potential future partner organizations from across the nation.

SAIDO Documentary Shown in NY and LA



Co-directors of *Do You Know What My Name Is?* submitted the documentary for Academy Award consideration. Even though the award-winning film will not be among the

Oscar nominees for a documentary, it screened in New York City and Los Angeles in December, and was reviewed by the NY and LA Times.

One-Day Supporter Training

Become a SAIDO Supporter and improve the quality of life for our residents.

If you are interested, please contact your department manager or a SAIDO Lead Supporter to obtain a schedule.

If you would like to volunteer, please contact Bridget Erne at berne@elizajen.org or 216.325.1283.

SAIDO Learning Communities in the U.S.

Marjorie P. Lee, Cincinnati, Ohio (ERH)*
Covenant Shores, Seattle, Washington (CRC)*
Meridian Village, Missouri
(Lutheran Senior Services)*
Covenant Village of Colorado*
Covenant Village of Turlock, California*
The Samarkand, California*
Covenant Village of Florida*
Good Shepherd Home, Fostoria, Ohio*
The Holmstad, Chicago, Illinois
Covenant Village of Cromwell, Connecticut
Covenant Village of Northbrook, Illinois
Mount Miguel Covenant Village,
Spring Valley, CA

Covenant Village of the Great Lakes, Michigan
Covenant Village of Golden Valley, Minnesota
Windsor Park Manor, Illinois
La Posada, Arizona+
Avondale Center National Church Residences,
Ohio+
Deupree House, Cincinnati, Ohio (ERH)+

* Launched

+ License in progress

